



LAUNCH INTO A NEW ADVENTURE

**SEA
CADETS
BALLYMENA**



At Sea Cadets you'll go on great adventures, meet new friends and do stuff like raft building, learning to save a life, racing sailing boats and parading with friends. You'll also come across activities you'll have never done before like weather-forecasting and engineering!

Through new adventures, you'll learn skills, try things out, and find it easier to tackle more challenges in the future.

SKILLS YOU LEARN AT YOUR UNIT



First aid



Knot tying



Code breaking



Cooking &
food safety



Marching

THINGS YOU CAN DO ON THE WATER



Raft building



Rowing



Sailing



Paddlesports



Swimming

OUTDOOR ACTIVITIES TO GET STUCK INTO



Rock climbing



Survival skills



Camp craft



Abseiling



Sports

COMMUNITY AND CITIZENSHIP EVENTS



Navigation



Helping others



Cultures & religions



Parades



Emergency
services



INFORMATION FOR PARENTS AND GUARDIANS

Each week, across the UK, 9,000 trained Sea Cadets volunteers commit their spare time to help young people launch themselves into new adventures.

Sea Cadets is committed to equality and diversity and take the safety of young people very seriously. Our safeguarding policy safeguards young people and places their health and welfare at the top of our priorities.

We meet every week

We meet every week:

Day: Tuesday

Time: 6.30- 8.30

Venue: Army Reserve Centre,
Lowfield Camp,
Ballymena,
BT43 7AX

JOIN US

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