

Could your year group or school reach the North Pole before the Christmas holidays?

Use this sheet to record your journeys.

Walk, cycle or scoot to or from school = 1 mile

At least 15 minutes of exercise outside school = 1 mile

At least 15 minutes of exercise within school = 1 mile

Write your daily total for each day (maximum 3).

The distance between N.Ireland and the North Pole is approximately 2500 miles.

Walking, cycling or scooting to school helps us to get our daily exercise, protects the air quality where we travel and is also really good fun!

If you have to start your journey by car, why not park up 15 minutes from school and do a park'n'stride.

























# Journey to Santa

Monday 15<sup>th</sup> November – Friday 10<sup>th</sup> December



Name

Class

<b>WEEK ONE</b> 	<b>MONDAY</b> 	<b>TUESDAY</b> 	<b>WEDNESDAY</b> 	<b>THURSDAY</b> 	<b>FRIDAY</b> 
<b>WEEK TWO</b> 	<b>MONDAY</b> 	<b>TUESDAY</b> 	<b>WEDNESDAY</b> 	<b>THURSDAY</b> 	<b>FRIDAY</b> 
<b>WEEK THREE</b> 	<b>MONDAY</b> 	<b>TUESDAY</b> 	<b>WEDNESDAY</b> 	<b>THURSDAY</b> 	<b>FRIDAY</b> 
<b>WEEK FOUR</b> 	<b>MONDAY</b> 	<b>TUESDAY</b> 	<b>WEDNESDAY</b> 	<b>THURSDAY</b> 	<b>FRIDAY</b> 

\*\*\* Write your daily total inside the Christmas wreath (maximum 3).