**The Incredible Years**

**Parenting Programme**

**Promoting Positive Behaviours for Children 6 – 12 years old.**

**Coffee & Introduction evening:** Tuesday 13th March 2018

**Programme Starts:**

Tuesday 20th March 2018, 6-8pm for 12 weeks

**Venue:** The Braid Townhall, Ballymena

**The programme is designed to strengthen parenting skills, build strong relationships, and promote positive behaviour in children.**

**Topics Covered -**

* Strengthening children’s social skills and ability to manage difficult feelings
* Using Praise and Incentives to Encourage Cooperative Behaviours and Motivate children
* [](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwiZjceQjZPWAhWCbxQKHTrjADYQjRwIBw&url=http://lifespanstages-meihong.weebly.com/late-childhood.html&psig=AFQjCNGB5Za_PQ6DSQnhaGui9hJTEbpuJQ&ust=1504874647164233)Household Rules, Learning Routines, & Effective Limit Setting
* Positive Discipline, Calm Down Strategies and Handling Misbehaviour

**You are very welcome.**

**Come along and join the group!**

More information/referral forms can be requested via email below.

Application: HUB service request forms or the referral form should be sent to:

**Christine Doherty - 07864800662**

**Email:** [christine.doherty@barnardos.org.uk](mailto:christine.doherty@barnardos.org.uk)

**[](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&frm=1&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwjB-Iva2aHLAhVHWxQKHbkKCoQQjRwIBw&url=http://newrytimes.com/2015/06/25/choose-to-protect-yourself-the-new-sexual-health-campaign-from-the-pha/&bvm=bv.115339255,d.d24&psig=AFQjCNFRsaMUYd0AcKxG7kYgkx4oad74sQ&ust=1456997614922412)**