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| ***New class starting on 22nd February!******Parent & child Pilates!*** ***These classes are a great way for you and your child to do something healthy and enjoyable together.*** ***If you are interested or would like more information, please text me on 07935518393. Spaces are limited so sign up as soon as possible!******Janice (Jigsaw Worker)******\*\* Open to children in P6 and P7 and their parents/carers.***  | You’re invited along to our Pilates classes aimed at parents/carers and their children!────Dates are: 22nd February1st March15th March22nd March────These **free** classes run from 3-4pm in Camphill’s main hall────This is an activity which will help kids improve motor skills, balance, co-ordination, strength and concentration. And there are great health benefits for you too!────First come first served!  |
| **Parent & Child Pilates Reply Form*****If you are interested in the Parent/Carer & Child Pilates class starting at Camphill Primary School for four weeks only on 22nd February (other dates are: 1st March, 15th March & 22nd March) from 3-4pm, then please write your name and number below and bring this back to school! Please check the website for the full information.*** ***Thanks Janice (Jigsaw Worker)******Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_******Number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*** |  |