



**My name .....**

***Write your name here***

**I've been locked down with .....**

***List family members or insert or draw a picture of family here***

**I've been busy doing .....**

***List things such as the activities or hobbies that you have enjoyed doing during this time***

**I've been feeling .....**

***What you have learned from this experience, maybe even what you are thankful for.... What you felt like during this time***



## **My COVID-19 NEWSLETTER 2020**



**The Pros & Cons .....**

***Can you think of one positive and negative about this whole experience***

**The BIG QUESTIONS I had ..... and  
did I find the BIG ANSWER.....**

***Think of what you wanted to find out – maybe what is social distancing? Why were we in lockdown? What does getting back to a new normal mean? Why did this happen? What do all the rainbows mean?***

***(Children will have lots of questions but do they know all the answers?)***

**Connecting with others .....**

***The things you have done to help feel connected to the outside world and with others....***

**Draw a picture or insert a picture of something that you did during lockdown that you will always remember .....**

***This might be a funtime in your house –eg. A birthday or maybe even a funtime outside around your house – or maybe something else altogether eg.. helping to make something or do something you never normally would have done .....***

