

## Schools Challenge

Be an energy saving hero!

If you can complete the four energy saving activities during **Energy Saving Week**, you will be an energy saving hero!

Tick the box when you have completed the activity and return the form to school.

Your name: \_\_\_\_\_

Your class: \_\_\_\_\_

Your school: \_\_\_\_\_

1. Turn the lights off when you leave a room

2. Turn the tap off when you are brushing your teeth

3. Turn the thermostat down by one degree\*

4. Turn your TV off standby when not viewing

\* Thermostat only needs to be turned down by one degree for the week, not one degree daily. If home occupied by infant(s) or elderly, do not turn thermostat down below 18 degrees.

