



Monday 20th January 2020

'FEET FIRST FAMILIES and DITCH THE DARK' DAY: FRIDAY 31ST JANUARY 2020

Dear Parent / Guardian,

We are really excited to announce that as part of the Sustrans Active School Travel Programme, we are holding another '**FEET FIRST FAMILIES**' day on **Friday 31st January 2020**. The aim of the day is to encourage us to use cars less and to travel actively as a family. We are also holding a '**DITCH THE DARK**' day on this same day where children will be encouraged to wear bright and fluorescent clothing to be seen on their journeys to and from school.

Ditch the Dark: Wear your brightest and craziest clothes to ensure you are easily seen on your way to and from school. Ideas include: fluorescent tops, leggings, glow sticks, wigs, etc.

What is Feet First Families? A whole school walk to school morning.

What are we asking you to do? We are asking our pupils along with their families, if possible, to walk to school. In October almost 350 of our children were active on their journey to school. What an achievement!

What if we live too far away to walk all the way? We will have two meeting points for those who want to 'Park and Stride':

- 1) **Ballee Baptist Church:** for those who enter school via Camphill / Carolhill Park
- 2) **Green in front of the Dream Centre in Ballee:** for those who enter school via the back path

Both meeting points will be supervised from **8:45am**. At **9am**, all teachers, pupils and any parents who want to join our journey, will walk to school. If your child arrives at either meeting point after 9am, you will be responsible for their safe travel to school. **The school car park / car entrance gates will be closed, with only the pedestrian gates open to encourage everyone to walk to school.**

Breakfast club will run as normal on Friday morning, and pupils will be supervised in school until those using the 'Park and Stride' have arrived.

Primary 1- Primary 7 pupils who are not able to join in on the walk will be supervised in the Main Hall until all pupils arrive back into school around 9:15am.

Mrs A McCullagh
School Active Travel Champion

65 Carolhill Park, Ballymena, Co. Antrim, BT42 2DG
T: 028 2565 2940 E: info@camphillps.ballymena.ni.sch.uk
Principal: Mrs K.M.E. McMaster BEd.(Hons) D.A.S.E. MEd. PQH (NI)

