



13th January 2020

Dear Parent/Guardian,

From January 2020, we are participating in 'Waste Free Wednesdays'. This weekly initiative encourages pupils to make conscious choices about what they eat, and the impact their choices have on the environment. A 'Waste Free lunch' means having lunches with no food or packaging waste. Each Wednesday, please encourage your child to bring a 'Waste Free Lunch' to school. **Our aim is to avoid single use materials.**

To pack a waste free lunch, you should use:

- Cutlery from home rather than throwaway plastic ones
- Refillable drinks bottles
- Reusable containers for putting your food/snacks into

Try to avoid:

- Zip lock plastic bags, plastic wrap or aluminium foil
- Drinks cartons, single serve yoghurts
- Single use forks and spoons
- Pre-packaged foods e.g. individually wrapped biscuits/crisps

Tips for packing a waste free lunch:

- Try to involve the children in helping to decide what they pack, to avoid uneaten foods being thrown out.
- If your child normally enjoys crisps, yoghurt or other prepacked snacks, buy them in larger formats and split them into smaller reusable containers.
- Try to pre plan your lunches.

We would really appreciate everyone in school joining in and taking part in this new initiative.

Thank you for your support,

L. Young & The Eco-Team.

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